



# CLIMB®

Children's lives include moments of bravery

## Are you a parent going through cancer?

Could your kid(s) benefit from a program to help them with their emotions and ability to cope with the fact that you have cancer?

Our virtual **CLIMB®** program can help your child/children...



- Recognize and manage their feelings
- Communicate with the parent or loved one who has cancer
- Meet other kids with a parent who has cancer
- Learn strategies, gain tools and build on their strengths to cope with stress

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6 week program offered from November 4th-  
December 9th, Thursday evenings from 6-7:15pm  
Registration deadline: October 21st 2021



*This program is offered free of charge thanks to the generosity of our donors.*



One parent must attend our virtual parent orientation session prior to the group. This session will take place on Thursday, October 28th at 6pm



**To register or for more information:**  
Contact Méлина Ladouceur, Social Worker and Cancer Coach, at 613-247-3527 ext 236 or by e-mail at [mladouceur@ottawacancer.ca](mailto:mladouceur@ottawacancer.ca)



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The Ottawa Regional Cancer Foundation helps people in our community take control of their cancer and support family and caregivers of people living with cancer by providing increased access to personal cancer care through the delivery of Cancer Coaching close to home.

The Foundation has partnered with The Children's Tree Foundation® to deliver this program to help families who have been impacted by cancer to achieve a good quality of life and to support the emotional needs of children with a parent or caregiver who has cancer.



Ottawa Regional  
**Cancer  
Foundation**

**Fondation  
du cancer**  
de la région d'Ottawa

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