



Self-Love Celebration



Spirit Day Memo

On **Monday, February 14th**, we will be celebrating SELF-LOVE. Students and staff will participate in fun activities throughout the day. See below for some of the self-care activities taking place in the building:

Self- Love Challenges
<ul style="list-style-type: none">♥ Throughout the month of February, a weekly self-love challenge will be announced and posted for our students, staff, and community.<ul style="list-style-type: none">○ For example: Look in the mirror and give yourself a compliment.♥ Let's see who can rise to the challenge and show some self-care!
Sweet Treat
<ul style="list-style-type: none">♥ All students will receive a sweet treat and little love from the Events Committee.
Feel-Good Fits
<ul style="list-style-type: none">♥ We encourage our students to wear an outfit that makes them feel their best! That could be their favourite sweater, sweatpants, superhero costume, or cosplay character.
Steppingstones
<ul style="list-style-type: none">♥ Self-love steppingstones will be placed down the hallways of Eardley Elementary. Our students can look down and be reminded of the beautiful and wonderful reasons they should love themselves!



*** Due to COVID, students are NOT allowed to bring in valentines or treats for the classmates. ***

Thank you!