

# Eardley's Kindness Ninja Day

## Spirit Day Memo



Eardley has been invaded by Kindness Ninjas! On **Tuesday, February 14<sup>th</sup>**, we will be celebrating acts of kindness. Students and staff will participate in fun, community-building activities throughout the day. Come to school wearing ALL black- red and pink accessories encouraged (no weapons)! Please see the schedule of activities below:

Activities
<b>Sweethearts Collaborative Art</b> <ul style="list-style-type: none"><li>♥ Classes will receive a large heart. Each student is invited to add an individual heart that represents an act of kindness, using words or a drawing.</li><li>♥ Templates will be provided to teachers.</li><li>♥ Art will be displayed in the front lobby.</li></ul>
<b>Self-Love Name Tags</b> <ul style="list-style-type: none"><li>♥ Every student and staff member will be given a name tag. We ask that you write or draw one thing you love about yourself and wear it proudly around the school.</li></ul>
<b>Kindness Community Circle</b> <ul style="list-style-type: none"><li>♥ Watch one or both of the following short films:<ul style="list-style-type: none"><li>♥ <a href="https://www.youtube.com/watch?v=WXudxuaOIKo">https://www.youtube.com/watch?v=WXudxuaOIKo</a></li><li>♥ <a href="https://www.youtube.com/watch?v=qLGNj-xrgvY">https://www.youtube.com/watch?v=qLGNj-xrgvY</a></li></ul></li><li>♥ Discuss the qualities of a Kindness Ninja. What does this look &amp; sound like?</li></ul>
<b>Sweet Treat</b> <ul style="list-style-type: none"><li>♥ The spirit committee will hand out a little sweet treat in the afternoon!</li></ul>

These activities are completely optional. If you have any questions or concerns, please do not hesitate to contact a member of the Events Committee.

With Love,  
The Events Committee

