

Summary table

Themes and learning content in sexuality education

Kindergarten	Elementary						Secondary				
	1	2	3	4	5	6	I	II	III	IV	V
<p>Sexual growth and body image</p> <ul style="list-style-type: none"> › Parts of the body › Expressing needs and feelings 	<p>Identity, gender stereotypes and roles, and social norms</p> <ul style="list-style-type: none"> › Gender roles and stereotypes › Respect for differences 	<p>Sexual growth and body image</p> <ul style="list-style-type: none"> › Sexual organs › Appreciating your body and personal hygiene 	<p>Identity, gender stereotypes and roles, and social norms</p> <ul style="list-style-type: none"> › Stereotypes in social environments and in the media › Influence of stereotypes 	<p>Sexual growth and body image</p> <ul style="list-style-type: none"> › Main changes associated with puberty › Feelings about growing up 	<p>Sexual growth and body image</p> <ul style="list-style-type: none"> › Psychological and physical changes associated with puberty › Role of puberty in growth 	<p>Sexual growth and body image</p> <ul style="list-style-type: none"> › Understanding the changes associated with puberty › Body image 	<p>Sexual growth and body image</p> <ul style="list-style-type: none"> › Advantages of having a positive body image › Influence that social norms can have on body image 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Romantic relationships › Challenges involved in first dating relationships 	<p>Identity, gender stereotypes and roles, and social norms</p> <ul style="list-style-type: none"> › Reflect in critical manner on representations of sexuality in the public space 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Recognizing symptoms of violence › Solutions to prevent or deal with violence 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Meaningful emotional and romantic relationships
<p>Pregnancy and birth</p> <ul style="list-style-type: none"> › Stages of pregnancy › Welcoming a new baby 	<p>Sexual assault</p> <ul style="list-style-type: none"> › How to recognize a situation of sexual assault › Reporting an incident to an adult 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Interpersonal relationships › Expressing feelings 	<p>Sexual assault</p> <ul style="list-style-type: none"> › How to recognize different forms of sexual assault › Preventing and dealing with sexual assault 	<p>Identity, gender stereotypes and roles, and social norms</p> <ul style="list-style-type: none"> › Establishing egalitarian relationships 	<p>Sexual assault</p> <ul style="list-style-type: none"> › Preventing and dealing with sexual assault in a real or virtual context 	<p>Identity, gender stereotypes and roles, and social norms</p> <ul style="list-style-type: none"> › Impacts of sexism and homophobia › Respect for sexual diversity and respect for rights 	<p>Identity, gender stereotypes and roles, and social norms</p> <ul style="list-style-type: none"> › Role of puberty in consolidating one's identity 	<p>Sexual violence</p> <ul style="list-style-type: none"> › Myths and prejudices about sexual assault › Concept of consent 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Benefits of a romantic relationship based on mutuality › Managing conflicts in a healthy way in a romantic relationship 	<p>STBBIs and pregnancy</p> <ul style="list-style-type: none"> › Steps to take after unprotected or poorly protected sexual relations › Development of safe sexual behaviours 	<p>STBBIs and pregnancy</p> <ul style="list-style-type: none"> › Risks of STBBIs and pregnancy associated with different contexts of a sexually active lifestyle › Ethical issues
	<p>General understanding of sexuality</p> <ul style="list-style-type: none"> › Aspects of sexuality (body, heart, mind) 	<p>Pregnancy and birth</p> <ul style="list-style-type: none"> › The egg and the sperm › Development of a fetus 	<p>General understanding of sexuality</p> <ul style="list-style-type: none"> › Aspects of sexuality (body, heart, mind and messages conveyed by the social environment) 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Representations of love and friendship › Attitudes and behaviours in interpersonal relationships 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Romantic and sexual awakening during puberty 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Feelings of love and attraction › Awareness of sexual orientation 	<p>Emotional and romantic life</p> <ul style="list-style-type: none"> › Importance of sexual and reproductive health › Positive attitude toward using protection 	<p>Sexual violence</p> <ul style="list-style-type: none"> › Active role to prevent or report sexual assault › Helpful attitudes toward victims of sexual assault 	<p>STBBIs and pregnancy</p> <ul style="list-style-type: none"> › How protection methods work › Development of safe sexual behaviours 	<p>Sexual behaviour</p> <ul style="list-style-type: none"> › Issues related to sexual relations in adolescence › Sustaining emotional intimacy and sexual intimacy 	<p>General understanding of sexuality</p> <ul style="list-style-type: none"> › Being comfortable with one's sexuality all one's life
					<p>General understanding of sexuality</p> <ul style="list-style-type: none"> › Dimensions of sexuality (biological, psychoaffective, socio-cultural, interpersonal and moral) 	<p>General understanding of sexuality</p> <ul style="list-style-type: none"> › Entering adolescence 	<p>Sexual behaviour</p> <ul style="list-style-type: none"> › Sexual behaviour during adolescence › Respect for choices concerning sexual behaviour 	<p>Sexual violence</p> <ul style="list-style-type: none"> › Development of safe sexual behaviours 	<p>Sexual behaviour</p> <ul style="list-style-type: none"> › Desire and pleasure in sexual activity › Factors that influence sexual relationships 		