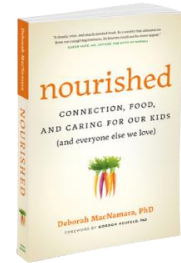
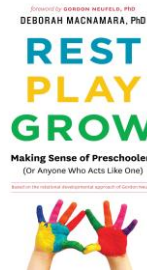


We are proud to present a free in-person presentation by:

Dr. Deborah MacNamara



Deborah MacNamara, PhD is a renowned clinical counsellor, educator, keynote speaker and author of the best-selling books, “Rest Play Grow”, “Nourished” and the children’s book “The Sorry Plane”.

‘Who’s in charge? Why adults need to lead.’

When: Thursday, June 6, 2024

Time: 6:00pm – 8:00pm

Where: South Hull Elementary School

A growing number of children are presenting as demanding, prescriptive, bossy, and controlling. A disturbing number of these alpha children are turning into bullies as well. Alpha children tend to have difficulties letting themselves be parented or taught. This is making the child-adult dance much more difficult than it used to be or needs to be, despite the plethora of advice-given and strategies available today. The surprising roots of the alpha complex will be examined, opening the doors for lasting change in the family, classroom, and society.

Hosted by: PETES, South Hull, Greater Gatineau, Chelsea, Lord Aylmer, Eardley, and Wakefield