

PERSPECTIVES  
IN  
*Parenting*  
SERIES



In these webinars you will be introduced to practical tools & strategies that can motivate & empower your child as well as promote their wellbeing. By shifting the way we communicate & respond to our kids, we can help them feel understood, encourage them to take initiative, stay engaged & foster confidence.

## Feeling Seen and Heard: The Key to Fostering Motivation & Engagement in Our Kids

### Part One:

Wed. January 28, 2026  
7:00 PM - 8:00 PM

### Part Two:

Wed. February 11, 2026  
7:00 PM - 8:00 PM

**REGISTER AT:**

**<https://parents.learnquebec.ca/family-resources>**

Please watch the replay of Part 1 before attending Part 2  
The replay will be posted on the LEARN YouTube channel,  
[Perspectives on Parenting\\_playlist](#)